

# Program



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# VERMONT WALK / BIKE SUMMIT

Middlebury | Friday, May 6



## Track 1: Advocacy & Funding

10:30

**Getting Projects Funded** - Ilona Blanchard: Your community has a great project, now how do you get it funded? South Burlington has been working for many years to change from a car-oriented suburb into a walkable and bikeable downtown. Learn about a variety of funding options for walking and biking from the City's perspective, how to get projects lined up to receive funding, and tips on how to be a successful grant recipient! Presentation and Q&A will also cover the Federal RAISE Grant (formerly TIGER/BUILD).

**Pennies for Paths** - Amanda Holland & Nic Anderson: Tell the story of how the South Burlington Bicycle and Pedestrian Committee developed a successful funding mechanism for infrastructure improvements called "Penny for Paths". South Burlington received voter approval in 2019 to annually collect a penny per \$1,000 of property value on the grand list, dedicated to bike and pedestrian infrastructure improvements. This session will review the steps used to create a ballot item, gain support of local government and citizens as well as a review of the multiple partners involved that helped get the ballot item passed. This session will also review the Committee's role in guiding the utilization of the funding as well as informing the public of projects underway and accountability of how funds are spent to construct priority infrastructure.

1:00

**A better Vermont through placemaking and more bicycling and walking.** - Jon Kaplan, Katharine Otto, Richard Amore, & Jack Hanson: This workshop will start with the macro level and get down to individual behavior.

Representatives from VTrans will give a summary of the strategies identified in the 2021 Bicycle and Pedestrian Strategic Plan. They will highlight performance indicators that build upon two key outcomes of the VTrans On-Road Bicycle Plan Phase 1 (the VTrans Bicycle Corridor Priority Map) and Phase 2 (the Bicycle Level of Comfort (BLOC) map). A brief summary of grant resources will be provided.

Richard Amore of the VT Agency of Commerce and Community Development will talk about the exciting new Better Places program. The program uses an innovative 'crowd granting' funding model to create, revitalize, and activate public spaces in Vermont's downtowns, villages, and neighborhoods. He will share the nuts and bolts of Vermont's new statewide community grant

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program that empowers Vermonters to create vibrant and inclusive public places in the hearts of Vermont communities.

Last up will be a presentation about how Sustainable Transportation Vermont, funded by VTrans and in partnership with VNRC, used incentives and individualized support and accountability to get 100 commuters in Chittenden County to reduce the number of days per week they drive alone to work and increase the number of days they commute sustainably for a period of six months. The project combined one-time incentives and strategic marketing to get more employees commuting to the workplace sustainably and affordably rather than by SOV.

3:00

**Supporting Innovative and Equitable Strategies to Walk and Bike** - **Dan Currier, Deb Sachs, Stuart Lindsey, Phil Hammerslough, & Irene Webster**: Many Vermonters are underserved by Vermont's car-centric transportation system, and their voices are missing from the conversation about how to make our communities more inclusive for those who aren't drivers. The Mobility and Transportation Innovation (MTI) Grant Program is designed to support innovative strategies and projects that improve both mobility and access to services for transit-dependent Vermonters, reduce the use of single occupancy vehicles, and reduce transportation pollution. This panel discussion will include key highlights of the MTI program provided by **Dan Currier, Go!Vermont Program Manager**, on the MTI-funded programs targeted directly toward building a more equitable transportation system led by **Deb Sachs of Net Zero Vermont** and **Jon Copans of Old Spokes Home**. The "Walk to Shop" team including **Stuart Lindsay, Phil Hammerslough** and **Irene Webster of Association of Africans Living in Vermont (AALV)** will highlight the initiative and strategies deployed to deeply engage underserved communities. "Walk to Shop" is an elegant solution to the question of how one walks and carries things like shopping and laundry. **Jon Copans** will describe Old Spokes Home's focus on deep engagement through the Transportation Equity Coalition and the resulting Mobility Audit for the Old North End of Burlington. He will also provide a quick overview of programs at Old Spokes Home to make bikes more accessible.

## Track 2: Built Environment

10:30

**Connecting Two Towns: Creating a Safe Route** - **Daniel Briggs**: Many communities want safer walking and biking connections for residents and visitors. The Towns of Rutland and West Rutland are connected by Business Route 3, a four-lane highway, without walking and biking

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accommodations. This session will review how the towns are working together to develop a safe connection between the Towns, and to encourage future growth and development within the corridor.

**Applegate-Willowbrook Pathe - Bennington** - Mark Anders: This presentation is about a successful bicycle/pedestrian project, the Applegate-Willowbrook Path. I'll tell the story of how it started with a meeting in 2011 with an elementary school principal who was frustrated that students who live in a nearby affordable apartment complex often miss school because there was no safe walking route, to construction of a path with two boardwalk sections spanning a wetland and a stream, in 2021. I'll discuss the collaboration between VTrans, the Town of Bennington and the Bennington County Regional Commission that made the project possible, and some of the obstacles that had to be overcome to get the project to construction.

1:00

**University Place Design Charrette** - Greg Goyette, P. Peterson, W. Burdge, & A. Casey: Thoughtfully reallocating space within roadway rights-of-way provides greater opportunity for the street's customers - the people who rely on it to carry out their daily activities. The audience will participate in a design charrette to reallocate space within University Place right-of-way in Burlington, Vermont. University Place is a public street that bisects the University of Vermont (UVM) campus and is used by commuters, neighbors, the UVM community (students, professors, grounds crew), food truck vendors, transit, and the fire department.

This presentation will consist of four parts:

1. Presentation of existing conditions and people's needs on University Place as determined through previous community engagement (10 minutes)
2. Presentation of Stantec's experience with repurposing street space through the Shared Streets and Spaces Program funded through the Barr Foundation (10 minutes)
3. A brief design charrette where teams will develop and present both short-term and long-term ideas for repurposing the street space based on their understanding of the information presented in parts 1 and 2 (15 minutes)
4. Presentation of the preferred concept of University Place developed collaboratively between Stantec/SE Group, the City, and UVM that has advanced into construction (10 minutes with 5 minutes for Q&A)

**Studies have Shown** - Dayton Crites and Julia Ursaki This presentation will dispel myths, challenge fables, and illustrate real world examples of how communities across the United States have actually slowed down traffic and built safe and effective pedestrian street crossings. This presentation will present a deep dive into scientific studies that breaks down what 'studies

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have shown' when it comes to actually slowing down traffic or building safe pedestrian crossings across the United States, and how we can use those findings to affect change at home in Vermont.

3:00

**CCRPC Bike Count Program - Bryan Davis and Greg Rouwangould:** Developing a “robust” bicycle count program was a key non-infrastructure recommendation in the CCRPC’s 2017 Regional Active Transportation Plan. The UVM Transportation Research Center (TRC) was contracted to evaluate current bicycle data collection efforts in the region, identify gaps and limitations, and make recommendations on how to develop a comprehensive bicycle count program that could better support the region’s bicycle planning objectives. We will share analysis of the CCRPC’s bicycle count program, deficiencies identified, and proposed recommendations for a comprehensive bike count program.

**UVM Sustainable Transportation - Faith Ingulsrud:** Learn about the kinds of walk-bike initiatives UVM interns contribute to and how you can access undergraduates-for-credit to energize your projects. Hear students describe and share experiences from their Sustainable Transportation internships, addressing green commuting, advocacy/communications, supporting walk-bike organizations, and more.

## Track 3: Safe & Healthy Communities 1

10:30

From accessing health care to navigating between a public transit bus stop and a rail station there are locations that just make this easier than others. This presentation will focus on how people access and navigate to and between locations.

**Intermodal Community Access & Navigation - Dan Currier:** Vermont Intermodal Connection Study presentation. Vermont's transportation landscape features many different transportation modes operating in rural and urban settings. A primarily rural state, Vermont has unique local, regional, and interstate transit needs, especially when it involves intermodal travel such as using local buses and Amtrak, or intercity bus and the Lake Champlain Ferry. The presentation will focus on the types of intermodal connections and the improvements identified to make these connections better.

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**Safe Routes to Clinics** - John Raser: John will present an analysis of non-vehicular access of community medical care in Vermont. He will demonstrate the prevalence of places in rural Vermont where many households do not own vehicles, and how well these communities are matched with accessible community medical services. He will present a case in St Johnsbury of bringing primary care back to the walkable downtown starting in 2020.

1:00

**Cycling Savvy** - Bruce Lierman, John Allen, and John Brooking: One factor in increasing access to cycling is creating public confidence that cycling can be a safe, efficient and enjoyable means of transportation. Successful cycling, and even the will to try cycling as a mode of transportation, depends on the cyclist's confidence that they can interact safely with other traffic. This presentation and the CyclingSavvy curriculum are designed to increase that confidence. Three CyclingSavvy Instructors (CSIs) present summaries of their class experiences, and specific course content that instills cyclist awareness, the "mindfulness" that overcomes common misconceptions about cycling in traffic. Panelists will interact with audience experiences and questions related to common traffic experiences.

**Rural Safe Routes to Schools** - Mary Catherine Graziano: Safe Routes to Rural Schools –It's possible! In 1969, almost 50% of students walked or biked to school. Now, less than 12% of students walk or bike to school. The increase in traffic and congestion during school pick up and drop off has ripple effects throughout the community. Children do not have the same kind of access to their community and freedom to explore their neighborhoods that they once had. Children are also suffering significantly from lack of access to physical activity, which lends itself to a variety of negative health impacts. Kids who start their school day with 30 minutes of physical activity are more ready to learn at school. Most people are familiar with Safe Routes to School (SRTS), but many people think SRTS is only available to urban schools. Vermont has proven that this is not the case. Vermont is a largely rural community, with many schools "road locked" by high-speed, high-volume, or otherwise unsafe roadways. This presentation will explore the many creative solutions that our schools have found to help students walk and bike to school safely. With some creativity and flexibility, most schools can have a Safe Routes to School program. We will explore some of the opportunities available to rural schools and how you can take those ideas to your own community.

**Wellness Revolution** - Megan Peek and Lisa Wilkes: Wellness Revolution Women's cycling program – a collaboration between BCBSVT and Terry Bicycles. It's a free 5-6 week program that pairs education and cycling, meeting women where they are at in their cycling journey and helps them gain confidence and skills.

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3:00

**Storytelling for Advocacy - Allie Breyer:** The workshop will highlight why storytelling is important and how you can use storytelling to advance active mobility, accessibility, safer streets, placemaking, and fundraising efforts in your community. The workshop will highlight the importance of centering diverse voices and experiences in storytelling for advocacy. The presentation will include both a presentation and an interactive component that will include a worksheet and small group/partner opportunity to practice storytelling and get feedback. Be sure to bring your creativity and vulnerability to this session!

## Track 4: Safe & Healthy Communities 2

10:30

**Vermont Walk/Bike Laws - Mary Catherine Graziano and Jon Kaplan:** We have a safety problem on our roadways. Did you know the concept of “jaywalking” was made up by automobile manufacturers? Or that at one point, there was a popular movement to keep motor vehicles out of cities, or to put speed governors on vehicles to keep drivers from being able to speed? Now that we’ve let cars into almost all of our public spaces, we have to deal with the reality of living around 2+ ton vehicles. Pedestrian and bicycle fatalities make up 20% of roadway deaths, despite walk/bike trips making up only 12% of total trips.

Are Vermont’s walk/bike laws enough to keep people safe? A few years ago, Vermont Legislators worked to revise and update some of our walk/bike laws, but we still have a way to go before we have walk/bike statutes that reflect the current realities of walking and biking. This presentation will discuss the history and evolution of road use, describe the current state of Vermont’s walk/bike statutes, and explore possible solutions to safety gaps in our laws, such as the Idaho Stop or instituting a firm 4’ passing law. Please bring your own walk/bike law revisions to this session. There will be an opportunity for idea sharing and discussion throughout the presentation.

1:00

**Local Advocacy in Burlington - Jason Stuffle:** Jason has been advocating for change on Colchester Ave since 2005. Many changes but not enough and not fast enough. A recent water main/repave project provided an opportunity to reconfigure the right of way on Colchester Ave. A newly started neighborhood group, The Old East End Neighborhood Coalition, conducted an AARP walk audit of the neighborhood. Lots of smaller groups pulled together from an initial

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spark to provide an overwhelming voice that resulted in bike lanes being installed on Colchester Ave while removing parking. That led Jason to join the Burlington Walk Bike council as a Ward 1 Neighborhood Liaison. From there he found a position on the CCRPC Colchester Ave Bikeways, Parking and Intersections Study Advisory Committee representing the Burlington Walk Bike Council. In addition he will cover the past two years of development which has seen dedicated protected bike lanes be approved but not funded.

**Leveraging Survey Work - Suzy Hodgson and Bill Regan:** This presentation will give an overview of cross-committee collaboration in Charlotte, the reasons for a focus on transport, and highlights of recent survey findings on walking and cycling. Jonathon Weber will share his views on the project, how it compares with other towns and how the results can be put to use in Charlotte and other towns.

3:00

**E-Bikes for Vermont - Mark Anders:** The goal of my presentation “E-bikes Are Perfect for Vermont” is to build excitement about using e-bikes for transportation in Vermont, and to explain the basics of what e-bikes are and what it’s like riding them in Vermont. It starts out with a personal story of how buying an e-bike transformed how I get around. I will briefly review the classifications of e-bikes, sales trends, laws governing where they can be ridden. I will have two e-bikes on hand.

**Adaptive Cycling - David Black:** RAD Innovations is North America’s leading expert in adaptive Cycling sports, we have been manufacturing, distributing and selling some of the best products for more than 20 years. We and our dealers across North America work with you from the initial idea to the final experience to make sure your ride is safe, comfortable, and affordable. We will present on our Adaptive Inclusive Recreation and cycling efforts.

## Track 5: Mobile Workshops 1

10:30

**Pedestrian Accommodations in the Middlebury Bridge & Rail Project - Jim Gish:** Middlebury resident Jim Gish, who for six years served as Community Liaison for the recently completed Middlebury Bridge & Rail Project, will lead a walking tour highlighting the many improvements to Middlebury’s historic downtown that resulted from the unique partnership between the Town of Middlebury and the Vermont Agency of Transportation during this landmark infrastructure project.



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1:00

**Sleuthing your Environment** - Claire Tebbs, Kelly Stoddard-Poor, and Amy Brewer: Sleuthing Your Environment

Part show and tell, part adventure, this session will provide participants with helpful tools to assess your local environment for walking/rolling challenges and opportunities. Kelly Stoddard-Poor will kick off the session by showcasing AARP's Walk Audit Toolkit, and we'll hear from community leader, Amy Brewer, about the successes and challenges of conducting walk audits in Franklin County. Local planner and placemaker, Claire Tebbs will then lead participants on a walking mystery tour and treasure hunt of Middlebury, putting AARP's audit toolkit to use to identify issues, easy fixes, and greater opportunities in the pedestrian environment. This session will focus on safe pedestrian networks, inclusive of designing for accessibility, and can accommodate anyone using a wheelchair.

3:00

**Pop-ups & Pilot Projects** - Jonathon Weber, Devon Neary, Jacqui Dement, and Jon Kaplan:

This dynamic mobile workshop will cover all aspects of walk/bike infrastructure demonstrations in Vermont. Pop-Up and pilot projects can be important tools for communities considering new walk/bike infrastructure. They allow the public to experience and give feedback on the proposed changes without the municipality committing to expensive construction projects, and also create opportunities for project managers to experiment with and tweak their designs to best suit the context. In this mobile workshop, Local Motion staff will discuss short-term, inexpensive Pop-Up projects, using recent installations in towns like Greensboro, Ludlow, Rutland, and others as examples. We will also cover longer-term pilot projects, with staff from the Rutland Regional Planning Commission discussing how a pilot project was successfully used in a recent redesign effort on Rutland's Center Street. Finally, staff from VTrans will present and answer questions on their newly implemented permitting process for demonstration projects on state highways. The workshop will culminate in a hands-on session in which the group will work together to install a temporary pop-up project somewhere in Middlebury. We are aiming for this project to be on-street and as realistic as possible, and are currently corresponding with town staff to determine potential locations.

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## Track 6: Mobile Workshops 2

10:30

**Mary Hogan Preschool Walk to School Program - Kim Forbes:** The Mary Hogan Preschool Program, an inclusive setting for children ages 3- 5 years old, reimaged our programming in 2020 as a result of the pandemic. While we have always recognized the importance and value of outdoor experiences for children, the pandemic prompted us to consider our practices and rethink how we utilize our environment. This examination inspired us to take full advantage of the wonderfully rich natural resources and opportunities for learning that our community offers. We no longer feel confined to the school grounds and have incorporated weekly adventures, in which we explore and discover the world outside our classroom. We would like to share how our program has benefitted from time spent in our community. We have gained new knowledge of our surroundings, a sense of place, and a greater understanding of the interconnectedness of systems. We have developed and nurtured connections; expanding our ideas of what community is and means, all while learning how to navigate safely. We want to share our joy and the learning that we have gained as well as invite you to take a walk with us! Topics of equity and inclusion will be addressed through a broader overview of the program.

1:00

**Ebike Lending - Wylie Dulmage:** This combination panel-mobile workshop will detail the processes and impacts of e-bike lending libraries in Vermont. E-bike lending libraries are effective outreach and educational programs that allow participants to try out an e-bike for free for a period of multiple days to see how the e-bike might work for transportation trips they may have otherwise taken by car. Furthermore, these programs strengthen communities and local economies by partnering with bike shops, town committees, libraries, and other organizations. The workshop will begin with a brief presentation that will cover what an e-bike lending library is, how it works, and what impacts it has on transportation behaviors of program participants. The presentation will be followed by a Q and A session with panelists who have hosted e-bikes through Local Motion's e-bike lending library program that can speak to how the program has impacted their business or organization and larger community. The workshop will conclude with opportunities for session participants to go through an abbreviated version of the lending library process themselves by demo-ing electric bikes from Middlebury's E-bike Lending Library. We are currently coordinating this demo effort with Frog Hollow Bikes and Safe Routes Middlebury.

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3:00

**Geometric Bikes - Steve Norman:** Our latest 'geometric' reciprocating-pedal bikes are here at the Summit to be as mobile as possible at the mobile workshop so try 'em now! Linear power means no crank and no crank-y 'dead spot', a natural, flexible treading motion instead of spinning in a fixed circle; intuitively-variable stroke and pace, and no gears to be constantly changed. Now with smooth quiet clean belt drives. They're beautiful, simple, light, rigid, and elegant. Gotta ride them to relate.

These bikes are the biggest forward step in human-powered movement technology for two centuries. We'll license new builds to your specs, and are currently recruiting additional frame producers. On a per-unit basis, Linearc licenses its proprietary 'geometric' design and associated intellectual property and all the latest know-how to frame builder(s) for just \$25 (less for quantities); also to prospective owners who may commission their own build from their choice of builder or manufacturer. Easiest bike-frame build ever (omit bottom bracket) !!! Rigid, light, and simple.

## **Motherload - The Movie - Intro. by Dave Cohen**

6:30

MOTHERLOAD is a crowdsourced documentary movie exploring our cultural shift toward isolation and disconnection, how this may affect our future, and whether the cargo bike could be an antidote. The movie describes how the earliest bicycles facilitated women's fight for the vote and made the poor mobile, and how 21st century bicycles are empowering mothers, families, communities and advocacy networks all over the world.

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**Richard Amore, PLA/AICP      Advocacy & Funding 1:00**

Richard Amore is a landscape architect, urban planner, and community builder who blends his experience in community development, public space, and placemaking to spark revitalization of Vermont's downtowns and village centers. He serves as planning and outreach manager for the Vermont Department of Housing and Community Development where he works with downtowns and villages across Vermont and helps them plan and build prosperous, walkable, and inclusive communities.

**Mark Anders      Built Environment 10:30      Safe & Healthy Communities 3:00**

Mark Anders has been a transportation planner at the Bennington County Regional Commission (BCRC) for 12 years, where he has planned numerous bicycle and pedestrian projects. Mark has a Master of Urban Planning degree from Hunter College in New York City. Before working at the BCRC, he worked at the New York City Department of Health and Mental Hygiene on infrastructure projects that promote physical activity.

**John Allen      Safe & Healthy Communities 1:00**

John Allen is a Cycling Savvy instructor and author of the booklet [Bicycling Street Smarts](#). He cycles for local transportation and recreation. As technical writer and editor at [sheldonbrown.com](#), he writes about bicycle customization and maintenance. He is a graduate of Middlebury College. John has also written a number of blogs for [Savvy Cyclist](#). You can connect with John on [Facebook](#).

**Nic Anderson      Advocacy & Funding 10:30**

Nic Anderson is a sustainable transportation professional that works at Champlain College. As a resident of South Burlington, Nic has served on the South Burlington Bicycle and Pedestrian Committee since 2019 and has help spearhead South Burlington's Bicycle Friendly Community bronze level designation by the League of American Bicyclists, helped launch the "Penny for Paths" program and actively works to make our streets and spaces better for people walking and biking. Find out more about Nic [here](#).

**Dan Biggs      Built Environment 10:30**

Dan Biggs, RLA, Regional Manager/ Sr. Landscape Architect Dan is a Registered Landscape Architect with more than 18 years of multi-disciplinary experience in all phases of landscape architecture design and environmental planning projects. His background includes leading multi-disciplinary teams on master planning, mixed-use and commercial site design, parks and recreational facilities, multi-use trails, campus improvements, and multi-modal transportation projects. Dan is also a certified arborist and irrigation designer.

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**David Black                      Safe & Healthy Communities 3:00**

David Black from RAD-innovations has been designing and producing Adaptive Bikes and mobility equipment for over 20 years. Since founding RAD-innovations we have built and shipped over 15,000 frames around the world for individuals and programs to enable people of all abilities to be active and inclusive. One of the most recent RAD projects is develop a lightweight running frame to enable individuals with physical challenges to walk/run independently. These frames are being used for mobility, recreation and competitive running on track and marathons. David travels around the world introducing and training organizations to build Frame running programs in their communities.

**Ilona Blanchard                  Advocacy & Funding 10:30**

Ilona Blanchard, AICP, is the Community Development Director for the City of South Burlington. She has successfully applied for and been awarded many grants, and works with a variety of internal and external funding sources in Vermont, including Federal Aid, TIF District financing, VTrans Bicycle/Pedestrian Grants, and most recently led the effort that resulted in a \$9.7 million RAISE (formerly TIGER/BUILD) grant for a pedestrian-bicycle bridge over I-89. Her work has resulted in new streetscapes, complete streets, sidewalks, shared use paths and other amenities in South Burlington and in Takoma Park, Maryland, where her role also included obtaining and managing grants.

**Amy Brewer                      Mobile Workshop 1:00**

Amy serves as the RiseVT Specialist for the Enosburg Community, supporting important changes that increase walkability, bikeability, and recreation. She is also the regional program expert for the Safe Routes to School program, helping communities and schools find oftentimes creative ways to support student walking and biking. In addition, as the Coordinator for the Franklin Grand Isle Tobacco Prevention Coalition she works on policy, system and environmental changes that impact the health of our communities. In her off-hours, you can often find Amy outside running, walking and taking bike rides alongside her husband and two daughters.

**Allie Breyer                      Safe & Healthy Communities 3:00**

Allie Breyer serves as the Information Director for the Division of Emergency Preparedness, Response, & Injury Prevention for the Vermont Department of Health. She specializes in creating clear, concise, and plain language communications to assist Vermonters in preparing for emergencies and keeping themselves and family safe from injury. She also manages the Road User Safety Program for the Health Department, focusing on bike, pedestrian, and older driver safety. Allie has a government, community organizing, and extensive volunteer background and has used storytelling to further programmatic goals and advocate for change in

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her communities. Learn more about Allie at [alliebreyer.com](http://alliebreyer.com) or connect with Allie on [LinkedIn](#) or [Twitter](#).

## **John Brooking      Safe & Healthy Communities 1:00**

John Brooking is a Cycling Savvy Instructor who teaches in New England and rides year round in Portland, Maine. John has served on various local and statewide committees for bicycle and pedestrian issues, including as a board member of the Bicycle Coalition of Maine, and is certified as a youth cycling educator in Maine.

## **Whitney Burdge      Built Environment 1:00**

Whitney is an Urban Mobility Planner at Stantec with experience in a wide range of planning projects across New England and the US, ranging from large cities to small town main streets. Her work emphasizes the need for comprehensive multimodal networks, the opportunities provided by smart mobility and new technologies, and supports the preparation for anticipated shifts in transportation demand of all modes. She is proud to have been car-free for 9 years and is excited for opportunities to educate people about mobility options and to advance transportation equity.

## **Amelia Casey      Built Environment 1:00**

Amelia is a Transportation Planner at Stantec with experience in a range of projects including transit planning, corridor visioning, streetscape design, smart mobility initiatives, resiliency planning, and community-wide mobility planning. Her work has taken her to rural communities in Massachusetts to large counties in the greater Seattle area, where she applies her skillset to give communities the tools to create safe streets, enhance accessibility to transit, and promote modeshift. She embraces any opportunity to integrate data, design best practices, and community engagement efforts to create actionable and implementable projects.

## **Dave Cohen      Motherload Introduction 6:30**

Dave works as a consultant for Go Vermont providing free bike consultations for all Vermont residents and the state's bike shops and businesses. In addition, he is the founder and director of VBike ([vbikesolutions.org](http://vbikesolutions.org)), a non-profit organization promoting new bike designs & technologies for everyday transportation. In the mid-1990's Dave founded Pedal Express, a delivery service based in Berkeley, CA utilizing a fleet of cargo bikes. The company gained national recognition for its innovative partnerships and is now enjoying its 27th year in business. When not on a bike, Dave is an integrative psychotherapist ([davecohencounseling.com](http://davecohencounseling.com)) specializing in approaches in mind/body modalities & ecopsychology.

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**Jon Copans                      Advocacy & Funding 3:00**

Jon Copans serves as Executive Director of Old Spokes Home in Burlington. Previously he served as a Program Director leading climate and leadership programs at the Vermont Council for Rural Development. Before that he worked for the State of Vermont as Deputy Commissioner of the Public Service Department and at the Department of Environmental Conservation, and for eight years served in Congressman Peter Welch's Vermont office. Jon grew up in Brattleboro, graduated from Macalester College, and currently lives in Montpelier with his wife and three children. He is an avid cyclist and enthusiastic though amateur fixer of bikes.

**Dayton Crites                      Built Environment 1:00**

Dayton Crites is a Planner who believes in building spaces for people and the power of creativity to change our world for the better. He loves nothing more than an opportunity to convey ideas visually, and can often be found with a pencil in hand writing ideas down on the nearest available surface. He rides his bicycle as much as Vermont land use patterns and his family will allow, and has bicycle riding to thank for his career contributing to the planning, design and development of the built environment.

**Dan Currier                      Safe & Healthy Communities 10:30                      Advocacy & Funding 3:00**

Dan started his State Government career in 2020 after 15 years of working for a regional planning commission in Vermont where he contributed to land-use policies, stormwater design, and transportation planning. His position with the Vermont Agency of Transportation is twofold including as a Public Transit Program Coordinator and the Go! Vermont Program Manager. The combination of regional planning, environmental and transportation experience contribute to his passion and understanding of public transit and transportation demand management (TDM), and his favorite mode of mobility is e-scooter.

**Bryan Davis, AICP                      Built Environment 3:00**

Bryan joined the CCRPC (née CCMPO) in 2007 and is passionate about sustainable transportation options. He focuses on regional Transportation Demand Management programs, specializes in bicycle and pedestrian planning, espouses complete streets principles, and stays engaged with local communities. A graduate of Texas A&M University, Bryan moved to Colorado to pursue mountain biking and public service with the US Forest Service. He then gained non-profit experience in land conservation and affordable housing, and found his way to Vermont for graduate school at UVM where he earned a Master's degree in Natural Resource Planning. Bryan lives in Burlington with his family and is always ready to talk heavy metal and mountain biking.

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**Jacqui Dement      Safe & Healthy Communities 1:00      Mobile Workshop 3:00**  
Jacqui is a Planning Coordinator with VTrans who helps communities navigate the Agency's demonstration project and art installation application process and works with regional planning commissions to implement the State's Transportation Planning Program. Outside of her VTrans work, Jacqui serves on the Charlotte Energy Committee, where she advocates for climate-friendly transportation improvements.

**Wylie Dulmage      Mobile Workshop 1:00**  
Wylie's goal is to emphasize and elevate alternative transit, particularly bicycles to improve people's lives and to reduce the effect of climate change. He has worked as the service manager at North America's largest bike valet, run locally-sponsored free repair days, and worked as a mechanic both for his own business and local bike shops. I'm here to make sure all of the bikes at Local Motion are running safely and flawlessly, and to spread the knowledge and joy of bike maintenance to others.

**Kim Forbes      Mobile Workshop 10:30**  
Kim is a preschool teacher, early childhood special educator and the director of the Mary Hogan Preschool Program in Middlebury, VT. She is a member of the National Association for the Education of Young Children, the Council for Exceptional Children and the North American Reggio Emilia Alliance. Kim has been teaching preschool for the last 27 years in Addison County.

**Jim Gish      Mobile Workshop 10:30**  
Middlebury resident Jim Gish served as Community Liaison for the Middlebury Bridge & Rail Project for six years, from planning through project completion in 2021. Jim is currently a Senior Public Involvement Consultant at VHB.

**Mary Ann Goulette      Built Environment 10:30**  
Mary Ann has worked as Town Manager in West Rutland for over ten years. In the last several years, she has received nearly \$1,000,000 in grants towards sidewalk improvements. Currently, she is working with Rutland Town to design and construct a multi-use path along Business Route 4 to connect with Rutland City's Creek Path. Previously, she worked 5 years as the executive director for the Downtown Rutland Partnership specializing in business development, special events and marketing. She is currently a Board of Director with the Rutland Chamber of Commerce, Rutland Economic Development Corp. and Vermont League Cities and Towns. She received her Bachelors and Masters Degrees in Business Administration at St. Michael's College. She is married and has two sons, ages 19 and 20.

**Greg Goyette      Built Environment 1:00**



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Based out of Stantec's Vermont office, Greg's 20-year career has been focused on helping communities improve their transportation systems through thoughtful community engagement, planning and design. He has a passion for moving thoughts and ideas into a focused vision that can be implemented. He is part of Stantec's GenerationAV initiative which helps communities plan for implementation of automated vehicle technologies. Outside of his professional responsibilities, Greg enjoys the mountains and lakes of Vermont, exploring new places, solving Wordle in as few tries as possible, and trying to compete with people half his age on the lacrosse field.

### **Mary Catherine Graziano    Safe & Healthy Communities 10:30 and 1:00**

Mary Catherine Graziano brings a decade and a half of experience in education, program coordination, and community outreach to the project, with emphasis on systems development, public outreach, and trainer training. In her role as Senior Manager of Education and Safety for Local Motion, Mary Catherine manages multiple projects related to outreach and training for adults and children, with a focus on bicycle and pedestrian safety, skills, education and community engagement. Her work to support schools, communities, and local organizations in promoting walking and biking have given Local Motion's many partners the resources they need to make active transportation and recreation safe and enjoyable for all Vermonters.

### **Phil Hammerslough    Advocacy & Funding 3:00**

Phil Hammerslough is a Net Zero Vermont staff member and project coordinator for Walk to Shop. In 1965, Phil discovered Vermont on his bike while leading a tour for American Youth Hostel. He learned how much fun, how far, and how much one could carry on a bicycle. He was hooked. In 1989, as his Macular Degeneration advanced, he gave up driving (feeling relieved himself and the world at large). Phil discovered that his bike was not only for recreation but a far healthier and efficient mode of transportation. Through personal experience and study, Phil continues to promote the many advantages of active transportation. He regularly walks, bikes and uses public transit and enjoys a healthier, more affordable and environmentally beneficial lifestyle.

### **Jack Hanson    Advocacy & Funding 1:00**

Jack Hanson is a City Councilor in Burlington and the Executive Director of Run On Climate, a nonprofit devoted to advancing bold local-level climate policies in communities across the country. For two and a half years Jack worked at Sustainable Transportation Vermont, supervising UVM students interns advancing sustainable transportation projects and policies. As a City Councilor Jack has championed numerous sustainable transportation resolutions and

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ordinances. Jack has never owned a car and rarely ever gets in one – relying on his ebike, walking, and public transit year round.

**Suzy Hodgson                      Advocacy & Funding 1:00**

Charlotte Energy Committee. Suzy has been an environmentalist for more years than she cares to count. She moved to Vermont and started working in local food and farming in 2008, first starting yourfarmstand and then moving on to the Center for Sustainable Agriculture, UVM Extension. She's on the Acorn Energy Co-op Board and <https://livegreenvt.org>. She loves gardening, walking and biking and tries not to make too many cultural comparisons about public infrastructure where biking and trains are a mode of transport in places in Europe where she lived and worked for 16 years.

**Amanda Holland                Advocacy & Funding 10:30**

Amanda Holland is a community planning professional that joined the VTrans Policy, Planning & Intermodal Development Division as a Planning Coordinator in January 2022. Amanda has put her planning skills to work for the South Burlington Bicycle and Pedestrian Committee since 2015. Amanda assisted with public outreach to identify priorities of the residents to improve walking and biking conditions as well as helped launch and gain voter approval for the Penny for Paths initiative which resulted in a dedicated local funding source.

**Faith Ingulsrud                Built Environment 3:00**

Faith works as a faculty mentor for the Sustainable Transportation Communities of Practice internship Program at UVM, where she draws from a long career in planning, mostly at the municipal and state levels. Most recently, she worked with the Community Planning and Revitalization Division at DHCD. As a volunteer, she is active in the Burlington Walk Bike Council and the VT Planners Association.

**Jon Kaplan                      Advocacy & Funding 1:00**

Jon Kaplan has been the Bicycle and Pedestrian Coordinator at VTrans since 2009 and has worked in the program since 2000. Jon is involved with project funding and development, policy, technical assistance, safety education, and promotion of bicycling and walking. He recently moved to the Operations and Safety Bureau where he continues with a bicycle and pedestrian focus within the larger context of traffic engineering. He has been involved with bicycle and pedestrian planning and design since 1993.

**Bruce Lieman                    Safe & Healthy Communities 1:00**

Bruce Lierman is a CyclingSavvy Instructor and Vice President of the ABEA board of directors. He has previously served on the boards of Local Motion and the Vermont Bicycle-Pedestrian

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Coalition. He's also a past Motorcycle Safety Foundation instructor, a daily transportation rider in Bennington and a bicycle tourist at every opportunity.

## **Stu Lindsey                      Advocacy & Funding 3:00**

Stu Lindsay is a Net Zero Vermont staff member and project coordinator for Walk to Shop. He has focussed on sustainable living issues since the mid 70's. Stu was owner/operator of a successful alternative energy and personal food production retail store in Atlantic Canada. It took just one bike trip in The Netherlands for Stu to realize the benefits of having a safe and secure place to leave your bike when using it for active transportation. Along with Phil Hammerslough, Stu developed and established the Valet Bicycle Parking operation in Burlington under the umbrella of Local Motion. He is presently the Coordinator for the program. Stu served as an early board member of Local Motion as well as a member of the Burlington Walk/Bike Council Steering Committee. He has attended numerous cycle and pedestrian conferences world-wide and has publicly spoken on both cycling and pedestrian infrastructure.

## **Devon Neary                      Mobile Workshop 3:00**

Devon is the Transportation Planner at the Rutland Regional Planning Commission. In this role, he assists Rutland Region towns with planning for all modes and for all users. Devon is especially passionate about active transportation, where he has worked on several projects from scoping to construction.

## **Steve Norman                      Mobile Workshop 3:00**

In 1962 Linearc's CEO Steve Norman greased and oiled trucks delivering leather goods to suburban New York malls. As his sister recalls it he thought up his reciprocating-pedal drive system during high school math class around the same time. At Oberlin College he played take-out on a dining hall dish crew opposite François Clemmons on pots, and pursued his Mechanic Ed. degree at Dick Dickinson's BSA Motorcycles a few miles north. Then Honda dealers in Albuquerque and Lowell, MA., and a Suzuki shop in midtown Manhattan helped pay the bills before and during law school. Steve set the bike project aside some more while representing groups of poor people and people with disabilities at not-for-profit firms in New York, and then in Vermont from '83 on. When he retired from law Steve taught skiing at Bolton and took up the bike project at last, forming Linearc, LLC, and employing local fabricators.

## **Katharine Otto                      Advocacy & Funding 1:00**

Katharine Otto is a Planning Coordinator with VTrans who assisted with the preparation of the VTrans BPSP and also works with the state's RPCs to implement the Transportation Planning Initiative (TPI) program. Prior to joining VTrans she worked for Mount Ascutney Regional

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Commission as the transportation planner, as well as for a small transit company in rural Connecticut.

## **Erin Parizo**      **Welcome/Introductions**

Erin is the Deputy Chief Engineer for the Highway Division at the Agency of Transportation. This Division includes Asset Management, Project Delivery, Construction and Materials, and Operations and Safety – each of these groups working with multi-modal and active transportation projects in their own ways. Erin’s experience on consulting and public sector teams has primarily focused on the development of safety improvement projects with an emphasis on consideration for all modes of travel. Her experience and passion ties closely with those in attendance of this event and she’s grateful to be here. She’s a Vermont native who enjoys an active lifestyle and loves calling Vermont home.

## **Megan Peek**      **Safe & Healthy Environment 1:00**

Megan Peek graduated from American University with a degree in Cross-cultural Communications and Development and went on to get a Masters in intercultural and International Management from the School for International Training (now World Learning). Before coming to Vermont, she worked as an assistant Project Director at Ecoform Development in Cote D’Ivoire. As Director of Community Relations and Health Promotion at Blue Cross and Blue Shield of Vermont (BCBSVT), Megan has spent 25 years building community health and outreach programs into a comprehensive body of work that spans the state. She coordinates community advisory boards that help communities identify, launch and improve community-driven health promotion and wellness activities. She works to develop community-based solutions with a focus on addressing barriers to accessing care and supporting healthy behaviors. Megan developed and runs a couple programs that are unique to BCBSVT, including Velocity, a program promoting healthy behavior and positive self-esteem in middle-school age boys and Wellness Revolution, a cycling program for women. She also leads key employee engagement programs, such as the Diversity, Equity and Inclusion Council, Blue Crew (an employee volunteer program) and the company’s Corporate Sustainability Committee. Megan continues to translate her energy and passions into creative solutions that improve the health of Vermonters.

## **Phillip Peterson**      **Built Environment 1:00**

Phillip is a Public Works Engineer with the City of Burlington. Phillip oversees the design and construction of several projects within the City and was instrumental in developing the City's Guidelines for Pedestrian Crossing Treatments. Outside of his professional responsibilities, Phillip is a passionate educator and avid diver, and has hosted a podcast called STEAM Lab.

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## **Kelly Stoddard-Poor Mobile Workshop 1:00**

Kelly joined the AARP Vermont team in 2013 as the Associate State Director. Kelly's background is in public policy and community organizing with a strong commitment to social justice. She leads the livable community work for AARP VT - establishing a vision and action steps for Vermont communities to meet the needs of its aging population. Prior to AARP Kelly spent eight years at the American Cancer Society where she was the Director of Health and Advocacy Initiatives. She managed the state's cancer control program and advocacy campaigns to reduce tobacco use, increase screening rates and enhance access to health care. She earned her undergraduate degree in anthropology at the University of Massachusetts at Amherst, and completed a master's degree in sustainable development at the School for International Training in VT. She lives in Montpelier with her family.

## **John Raser Safe & Healthy Communities 10:30**

John Raser family physician at St Johnsbury Community Health Center and teaches community and family medicine for Dartmouth and UVM medical schools. He has served on advisory boards of the Healthy Neighborhood Investment Fund and Groundwork Lawrence and led Safe Routes to School projects. He has served on St Johnsbury Planning Board and currently chairs the town Bicycle/Pedestrian committee as well as serving on the working board of Link, the regional community bicycle program in the Northeast Kingdom. He lives in St Johnsbury with his wife and 3 school-aged children.

## **Bill Regan Safe & Healthy Communities-2 1:00**

Bill is chair of the Charlotte Trails Committee and a lifelong cyclist, hiker, and skier. He leads a small consulting firm (Regan Leadership, LLC) that works with Vermont nonprofits and socially-responsible businesses, most recently helping Local Motion develop a new strategic plan. He is a Senior Fellow at Vermont's Energy Action Network and serves on the Board of Directors of The Charlotte News. He teaches cycling, Nordic skiing, and kayaking, and is a guest lecturer in foreign affairs at Middlebury College, UVM, and Tufts University. Bill spent over 30 years in foreign affairs analysis in Washington, DC, rising to the senior executive level in the Federal Government for his ability to lead and manage people, programs, and processes.

## **Elizabeth Ross Built Environment 10:30**

Elizabeth is a Transportation Planner with the City of Burlington Department of Public Works, where she has worked since 2017. During that time, she has worked on numerous Quick-Build projects, traffic calming, and working to implement the City's first WalkBike Master Plan. Elizabeth holds a BA in Anthropology from SUNY Buffalo and a Masters in Urban Planning from Tufts University. In her spare time, she enjoys spending time with her husband, 1-year old daughter, and dog.

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## **Greg Rouwangould Built Environment 3:00**

Dr. Gregory Rowangould is the Director of the Transportation Research Center and an Associate Professor in the Department of Civil and Environmental Engineering at the University of Vermont. He specializes in modeling transportation systems, transportation policy evaluation and mobile source air quality analysis. His research focuses on understanding how the design and operation of transportation systems and transportation policy affect the sustainability of communities, public health, and equity. Since moving to Vermont, he has focused greater attention on the transportation needs of smaller cities and rural communities where there are unique challenges to sustainability and economic development. Dr. Rowangould is also a member of the Transportation Research Board of the National Academies standing committee on Air Quality and Greenhouse Gas Mitigation. Dr. Rowangould was previously the Director of the New Mexico Local Technical Assistance Center and an Assistant Professor in the Department of Civil, Construction and Environmental Engineering at the University of New Mexico. He was also a Science Fellow at the Natural Resources Defense Council (NRDC) in Los Angeles, California where he conducted research to support state and federal sustainable transportation policy initiatives and worked with disadvantaged communities seeking to improve air quality, transit access and active travel opportunities. Dr. Rowangould holds a Ph.D. in Civil and Environmental Engineering from the University of California, Davis, a MS in Resource Economics and Policy from the University of Maine, and a BS in Chemical Engineering from the University of Maine. Dr. Rowangould teaches graduate and undergraduate courses at the University of Vermont in transportation engineering, planning and policy.

## **Debra Sachs Advocacy & Funding 3:00**

Deb is Executive Director of Net Zero Vermont and CEO of EcoStrategies—a non-profit and sustainable development consulting firm advancing low carbon solutions to combat climate change, encourage behavior change, invest in clean electricity generation, and improve transportation efficiency and demand management. Deb enjoys partnering in design and development of innovative projects that replace fossil fuel consumption with local clean electricity sources. With more than three decades of experience, Deb is versed in community engagement, consulting with practitioners and others interested in advancing shared objectives for a more sustainable future through local and grassroots activism, volunteer initiatives, involving government, NGO's and businesses. Deb staffs Net Zero Vermont and EcoStrategies and serves on the boards of Vermont Rail Action Network, Vermont Transportation Efficiency Network, Community Rides Vermont and is past board chair of Community Resilience Organizations.

## **Jason Stuffle Safe & Healthy Communities 1:00**

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Jason is a research engineer living in Burlington with his wife and daughter. He is a founding member of the Old East End Neighbors, an active member of Bikeable Burlington Now and the Ward 1 Neighborhood Liaison for the Burlington Walk Bike Council. He is interested in making streets safe and equitable for all people. When not on his bike Jason can be found snowboarding, home brewing, kayaking, hiking and generally enjoying the beauty of VT.

**Claire Tebbs      Mobile Workshop 1:00**

Claire Tebbs is a seasoned community planner and educator. She has been involved in community planning, design, and placemaking in both the US and Canada for the past 20 years. In 2016, she helped form the Walk-Bike Council of Addison County to ignite conversation, collaboration and build capacity for safe, everyday walking and biking in communities across the county. She owes her obsession with walkable towns to a childhood of walking everywhere in Yeovil, England. Most recently, she worked with the state to help launch Vermont's Better Places Program. She lives in Middlebury and runs *Ear to the Ground*, a consulting business offering technical and creative project support for school and community planning and placemaking projects.

**Julia Ursaki      Built Environment 1:00**

Julia Ursaki is a Transportation Engineer and Planner who is passionate about the possibility of human powered transportation to change the world for the better. Equally at home with traffic models as illustrative maps, her work spans from creative public engagement strategies and transportation engineering to sourdough bread baking.

**Jonathon Weber      Mobile Workshop 3:00**

As the Complete Streets Program Manager at Local Motion, Jonathon assists Vermont communities in becoming better places to walk, bike, and roll. Pop-Up Demonstration projects are one important tool he uses in this work, and he has several years of experience deploying these installations in partnership with communities.

**Lisa Wilkes      Safe & Healthy Communities 1:00**

As the Director of Customer Service at Terry Cycling, Lisa shares her knowledge of cycling with her customer care team and customers around the world. Her experience comes from years of coaching new century riders through the Leukemia and Lymphoma, Team in Training program and co-operating the Wellness Revolution, a cycling program for women with Megan Peek of BCBS.

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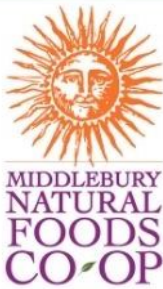


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